

SPORT PROGRAMME

Activity	Team	Practice day	Match day	Teacher in charge	Venue
BASKETBALL	BOYS				
	U13, U/14, U /16	Mon. 15:00 - 16:30	Wednesday	Rabbi Swaine and Mr Mtowodzwa	Multi purpose hall and outdoor court.
	GIRLS				
	U /14, U /16	Tues. 15:00 - 16:30	Thursday	Ms Maartens	Multi purpose hall and outdoor court.
CHESS	MS A and B	No practices	Friday	Mev V.D Berg	Room 1 and learning centre.
CRICKET	BOYS				
	U /13	Monday 15:00 - 16:30	Thursday	Mr Tshado/Peter Joseph	TBC
	U /15	Thursday 15:00- 16:30	Monday	Mr Collins/Peter Joseph	TBC
HOCKEY	N/A	Monday 15:30 - 16:45 Friday 14:45 - 15:45	No matches	Mr Wiles	Highlands Primary / multi purpose hall
FUTSAL	BOYS				
	U /13, U /15	Wednesday 17:00 - 18:00	Friday and Sunday	Mr Galley / Mr Sass	Multi purpose hall
	GIRLS				
	U /13, U /14	Monday 17:00 - 18:00	Friday and Sunday	Mr Galley / Mr Sass	Multi purpose hall
MOUNTAIN BIKING	ALL	Wednesday 15:00 - 16:30		Katja Steenkamp / Tina Brenzel	MS parking lot
SWIMMING	ALL	No practices	Galas on Thursdays	Mevrou V.D Berg	School pool
TENNIS	BOYS				
	U /15, U /19	Tuesday and Thursday 15:00 - 16:30	Tuesday and Thursday	Mr Krishnaswamy	Sarah Bloch
	GIRLS				
	U /15, U /19	Tuesday and Thursday 15:00 - 16:30	Tuesday and Thursday	Mr Moir	Sarah Bloch

GRADE 7 TENNIS	ALL	Friday 14:45 - 16:15	Wednesday	Ms Le Grange	Sarah Bloch
WATERPOLO	BOYS				
	U /13	Wednesday 06:30 -07:30 Thursday 17:00 - 18:30	Friday	Mr Ncube	School pool
	U /14	Tuesday 15:30 - 17:00 Wednesday 06:30 - 07:30	Friday	Mr Frauenknecht	School pool
	u/15	Monday 06:30-07:30 (with u/19) Tuesday 15:30 - 17:00 Thursday 17:00 - 18:30	Friday	Mr Blumenthal	School pool
	GIRLS				
	U /13	Monday 15:30 to 17:00 Friday 06:30 - 07:30	Wednesday	Ms Conlon	School pool
	U /14& 15	Monday 15:30 - 17:00 Tuesday 06:30 - 07:30	Friday	Mev De Klerk	School pool

CULTURE

Activity	Age	Meeting Day		Teacher in charge	Venue
ART CLUB	ALL	Wednesday 15:00 - 16:00		Ms Arnold	Art room
MARIMBA	ALL	Thursday 14:15 - 15:00		Mr Moir	Music room
VOCAL ENSEMBLE	ALL	Wednesday 18:00 - 20:30		Mrs Ryder and Ivor Joffe	
CAG	ALL	Tuesday 15:00 - 16:30	Outings to be confirmed weekly	Ms Romero and Mnr Vorster	Room 3
DEBATING	ALL	Thursday 14:15 - 15:00 Friday 14:30-15:30	Matches on Monday evenings. TBC	Mr Helfrich	High School
DRAMA					
Improv	ALL	Tuesday 15:15 - 16:15		Juffrou Minnaar	MS Hall
Eisteddfod prep and text study	ALL	Wednesday 15:15 - 16:15		Juffrou Minnaar	MS Hall
Media	ALL	Wednesday 15:00-16:00		Mnr Vorster	Computer room
Sirius	ALL	Thursday 14:15-15:00		Mr Helfrich	High School

ACADEMICS AND ACADEMIC SUPPORT

Activity	Age	Meeting Day		Teacher in Charge	Venue
EXTRA MATHS	ALL	Monday, Tuesday, Wednesday, Thursday 15:00 - 15:45		Ms Godlonton, Mrs Leigh, Ms Hendricks	Learning Centre
XHOSA	ALL	Thursday 14:20-15:00		Mr A. Cohen	High School Room 22
HOMEWORK SUPERVISION	ALL	Monday, Tuesday, Wednesday, Thursday 15:15 - 16:15		Morah Lahav Ms Foubister	Room 19
DETENTION	ALL	Tuesday and Thursday 15:15 - 16:30		Mevrou Victor	Room 16